

August-2026

Breakfast:

1-2	3-5	6-12
Milk 1/2 c	3/4 c	1 c
Fruit, Veg or both 1/4 c	1/2 c	1/2 c
Grains/Breads 1/2 oz eq	1/2 oz eq	1 oz eq
Dry Cereal	1 oz	
Meat/Meat Alt. 1/2 oz	1/2 oz	1 oz

*Select 2 of the 5 components

Lunch:

1-2	3-5	6-12
Milk 1/2 c	3/4 c	1 c
Grains/Breads 1/2 oz eq	1/2 oz eq	1 oz eq
Pasta/Noodles	1/4 c	
Fruit 1/8 c	1/4 c	1/4 c
Vegetables 1/8 c	1/4 c	1/2 c
Meat/Meat Alt. 1 oz	1.5 oz.	2 oz.

PM Snack:

1-2	3-5	6-12
Milk 1/2 c	1/2 c	1 c
Fruit 1/2 c	1/2 c	1/2 c
Vegetable 1/2 c	1/2 c	3/4 c
Grains/Breads 1/2 oz eq	1/2 oz eq	1 oz eq
Meat/Meat Alt. 1/2 oz	1/2 oz	1 oz

*Select 2 of the 5 components

Monday	Tuesday	Wednesday	Thursday	Friday
3	4 HUDSON SPRINGS PARK	5	6 SWIMMING	7
BR - Mini Muffins/Oranges/Milk	BR - Chex Cereal/Bananas/Milk	BR - Bagel/Cream Cheese/Strawberries/Milk	BR - Life Cereal/Grapes/Milk	BR - Pancakes/Blueberries/Milk
LN - Hashbrown Stackers/Pickles/fruit cocktail/Milk	LN - Ham and Cheese Cracker Stackers /Cucumber/Mandarin Oranges/Milk	LN - WW Chicken Alfredo/Broccoli/Peaches/Milk	LN - Chicken and Cheese on WW/Cucumbers/Pears/Milk	LN - Nachos/Salad/Pineapple/Milk
SN - Cheese Crackers/Milk	SN - Cheese itZ/Milk	SN - Multigrain Crackers/Cheese Sticks/Milk	SN - Graham Crackers/Milk	SN - Pretzels/Milk
10	11 SUNNY LAKE PARK	12	13 CLEVELAND ZOO	14 CARNIVAL DAY
BR - Mini Muffins/Oranges/Milk	BR - Cherrios/Bananas/Milk	BR - Waffles/Strawberries/Milk	BR - Cinnamon Raisin Bread/Grapes/Milk	BR - Pancakes/Blueberries/Milk
LN - Chicken Nuggets/Corn/Peaches/Milk	LN - Turkey and Cheese on WW/Celery/Mandrine Oranges/Milk	LN - WW Beefaroni/Mixed Veggies/Fruit Cocktail/Milk	LN - Peanutbutter and Jelly on WW/Carrots/Pears/Milk	LN - All Beef Hotdogs on WW/Cucumber/Pineapple/Milk
SN - Teddy Grahams/Milk	SN - Butter Smooth Crackers/Milk	SN - Scooby Snacks/Apple Sauce/Milk	SN - Goldfish/Milk	SN - Animal Crackers/Milk
17	18	19	20 STREETSBORO FIRST DAY OF SCHOOL	21
BR - Mini Muffins/Oranges/Milk	BR - Life Cereal/Bananas/Milk	BR - Cinnamon Raisin Bread/Cream Cheese/Strawberries/Milk	BR - Blueberry Parfait/Milk	BR - Waffles/Grapes/Milk
LN - Tacos on WW/Green Peppers/Fruit Cocktail/Milk	LN - Chicken and Cheese on WW/Cucumbers/Peaches/Milk	LN - Chicken Patty on WW/Corn/Mandrine Oranges/Milk	LN - Hashbrown Stackers/Pickles/Pineapples/Milk	LN - Sloppy Joes on WW/Mixed Veggies/Pears/Milk
SN - Saltines/Milk	SN - Pretzels/Milk	SN - Vanilla Yogurt/Vanilla Waffers/Milk	SN - Cheese itZ/Milk	SN - Graham Crackers/Milk
24 KIDS ENCOUNTER FIRST DAY OF SCHOOL	25	26	27	28
BR - Mini Muffins/Oranges/Milk	BR - Corn Flakes/Bananas/Milk	BR - Pancakes/Grapes/Milk	BR - Bagles/Cream Cheese/Strawberries/Milk	BR - FrenchToast Sticks/Blueberries/Milk
LN - Turkey Meatball Subs on WW/Corn/Peaches/Milk	LN - Chicken Strips/Green Beans/Pears/Milk	LN - Peanutbutter and Jelly on WW/Carrots/Mandrine Oranges/Milk	LN - All Beef Hotdogs on WW/Corn/Pineapple/Milk	LN - Pizza Sandwich on WW/Cauliflower/Fruit Cocktail/Milk
SN - Animal Crackers/Milk	SN - Cheez-its/Milk	SN - Chips and Salsa/Milk	SN - Butter Smooth Crackers/Milk	SN - Pretzels/Milk
31				
BR - Mini Muffins/Oranges/Milk	BR -	BR -	BR -	BR -
LN - WW Chicken Alfredo/Pickles/Peaches/Milk	LN -	LN -	LN -	LN -
SN - Graham Crackers/Milk	SN -	SN -	SN -	SN -

Menu is subject to change.

This institution is an equal opportunity provider.

Whole Milk = Children under 24 months
 Skim Milk = Children over 24 months
 WG = Whole Grain / WW = Whole Wheat