

February-2023

Breakfast: 1-2 3-5 6-12
 Milk 1/2 c 3/4 c 1 c
 Fruit, Veg or both 1/4 c 1/2 c 1/2 c
 Grains/Breads 1/2 oz eq 1/2 oz eq 1 oz eq
 Dry Cereal 1 oz
 Meat/Meat Alt. 1/2 oz 1/2 oz 1 oz
 *Select 2 of the 5 components

Lunch: 1-2 3-5 6-12
 Milk 1/2 c 3/4 c 1 c
 Grains/Breads 1/2 oz eq 1/2 oz eq 1 oz eq
 Pasta/Noodles 1/4 c
 Fruit 1/8 c 1/4 c 1/4 c
 Vegetables 1/8 c 1/4 c 1/2 c
 Meat/Meat Alt. 1 oz. 1.5 oz. 2 oz.

PM Snack: 1-2 3-5 6-12
 Milk 1/2 c 1/2 c 1 c
 Fruit 1/2 c 1/2 c 1/2 c
 Vegetable 1/2 c 1/2 c 3/4 c
 Grains/Breads 1/2 oz eq 1/2 oz eq 1 oz eq
 Meat/Meat Alt. 1/2 oz 1/2 oz 1 oz
 *Select 2 of the 5 components

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
BR -	BR -	BR - Cinnamon Raisin Bread/Cream Cheese/Strawberries/Milk	BR - Chex Cereal/Blueberries/Milk	BR - Mini Spooners Cereal/Banana/Milk
LN -	LN -	LN - WW Beefaroni/WW Bun/Green Beans/Pears/milk	LN - Tacos on WW Tortilla/Salad/Mandrine Oranges/Milk	LN - Grilled Ham and Cheese on WW/Cooked Carrots/Pinapples/Milk
SN -	SN -	SN - Saltines/Milk	SN - Cheez-its/Milk	SN - Teddy Grahams/Milk
6	7	8	9	10
BR - Mini Muffins/Grapes/Milk	BR - Kix Cereal/Oranges/Milk	BR - Bagel/Cream Cheese/Apples/Milk	BR - Life Cereal/Strawberries/Milk	BR - Waffles/Blueberries/Milk
LN - Chicken Patties/WW Bun/Celery/Fruit Cocktail/Milk	LN - Peanut Butter and Jelly on WW/Cucumbers/Peaches/Milk	LN - Grilled Turkey and Cheese on WW/Broccoli/Applesauce/Milk	LN - Sloppy Joe's on WW Bun/Carrots/Pears/Milk	LN - Mac and Cheese/WW Bun/Cauliflower/Hard Boil Egg/Mandrine Oranges/Milk
SN - Pretzels/Milk	SN - Butter Rounds/Milk	SN - Goldfish/Milk	SN - Peanut Butter Crackers/Milk	SN - Graham Crackers/Milk
13	14 VALENTINE'S DAY PARTY	15	16	17 NO SCHOOL STREETSBORO/RAVENNA/JAG/ROOTSTOWN/CRESTWOOD
BR - Mini Muffins/Banana/Milk	BR - Chex Cereal/Grapes/Milk	BR - Pancakes/Oranges/Milk	BR - Mini Spooners Cereal/Apples/Milk	BR - Kix Cereal/Strawberries/Milk
LN - Nachos/WW Bun/Salad/Pinapples/Milk	LN - Ham and Cheese on WW/Corn/Fruit Cocktail/Milk	LN - Hashbrown Stackers/WW Bun/Pickles/Peaches/Milk	LN - All Beef Hot Dog/WW Bun/Mixed Vegetables/Applesauce/Milk	LN - Turkey and Cheese on WW/Green Beans/Pears/Milk
SN - Chips and Salsa/Milk	SN - Scooby-Snacks/Milk	SN - Vanilla Yogurt/Vanilla Waffers/Milk	SN - Animal Crackers/Milk	SN - Saltines/Milk
20 NO SCHOOL STREETSBORO/RAVENNA/JAG/ROOTSTOWN/CRESTWOOD	21 NO SCHOOL RAVENNA	22	23	24
BR - Mini Muffins/Blueberries/Milk	BR - Life Cereal/Banana/Milk	BR - Cinnamon Toast Sticks/Grapes/Milk	BR - Chex Cereal/Oranges/Milk	BR - Pancakes/Apples/Milk
LN - Meatballs/WW Bun/Cucumbers/Mandrine Oranges/Milk	LN - Peanut Butter and Jelly on WW/Carrots/Pinapples/Milk	LN - Chicken Strips/WW Bun/Broccoli/Fruit Cocktail/Milk	LN - Grilled Cheese on WW/Celery and Peanut Butter/Peaches/Milk	LN - Grilled Ham and Cheese on WW/Peas/Applesauce/Milk
SN - Cheez-its/Milk	SN - Teddy Grahams/Milk	SN - Pretzels/Milk	SN - Butter Smooths/Milk	SN - Goldfish/Milk
27	28			
BR - Mini Muffins/Strawberries/Milk	BR - Mini Spooners Cereal/Blueberries/Milk	BR -	BR -	BR -
LN - All Beef Hot Dog/WW Bun/Corn/Pears/Milk	LN - Grilled Turkey and Cheese on WW/Green Beans/Mandrine Oranges/Milk	LN -	LN -	LN -
SN - Cinnamon Graham Crackers/Milk	SN - Peanut Butter Crackers/Milk	SN -	SN -	SN -

Menu is subject to change.

This institution is an equal opportunity provider.

Whole Milk = Children under 24 months
 Skim Milk = Children over 24 months
 WG = Whole Grain / WW = Whole Wheat