

July 2018

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		Toddlers -2yrs meals served with Whole Milk	2 yrs + meals served with 1% or Skim milk	All juices served are 100% juice
Date	Day	Breakfast	Lunch	Snack
7/2/18	Mon.	Bagels/Oranges	Peanut Butter and Jelly Wraps/Celery/Humus/Grapes	Rice Cakes/Juice
7/3/18	Tues.	English Muffins/Bananas	Ham and Cheese Crescent Pinwheels/Carrots/Apples	Cheese It's/Milk
7/4/18	Wed.	Center	Closed in Observance of	Independence Day!
7/5/18	Thurs.	Pancakes/Apples	Turkey and Cheese/Pickles/Pineapple	Graham Crackers/Apples
7/6/18	Fri.	Muffins/Grapes	Rigatoni/Meatballs/Salad/Oranges	PB Crackers/Milk
Date	Day	Breakfast	Lunch	Snack
7/9/18	Mon.	English Muffins/Oranges	Peanut Butter and Jelly Sandwhich/Carrots/Yogurt/Grapes	Pretzels/Yogurt
7/10/18	Tues.	Biscuits/Grapes	Ham and Swiss/Whole Wheat Bun/Cucumbers/Pears	Crackers/String Cheese
7/11/18	Wed.	Waffles/Bananas	Black Bean and Cheese Wrap/Green Peppers/Apples	Chips/Salsa
7/12/18	Thurs.	Yogurt/Strawberries	Cheese Pizza Pocket/Celery/Watermelon	Granola Bars/Milk
7/13/18	Fri.	Cereal Bar/Apples	Roast Beef and Cheese/Whole Wheat Crackers/Tomatoes/Oranges	Cheese Its/Apples
Date	Day	Breakfast	Lunch	Snack
7/16/18	Mon.	Biscuits/Oranges	Cheese Quesadilla/Cucumbers/Peaches	Graham Crackers/Milk
7/17/18	Tues.	Toast/Bananas	Hard Boiled Eggs/Green Peppers/Oranges	Chips/Salsa
7/18/18	Wed.	Bagels/Grapes	Ham and Cheese Crescent Pinwheels/Carrots/Apples	PB Crackers/Milk
7/19/18	Thurs.	English Muffins/Cantaloupe	Turkey and Cheese/Celery/Pineapple	Pretzels/Cheese
7/20/18	Fri.	Cereal Bars/Apples	Sausage/Waffles/Corn/Pears	Cheese Its/Milk
Date	Day	Breakfast	Lunch	Snack
7/23/18	Mon.	Rice Cakes/Oranges	Chicken Sandwich/Carrots/Peaches	Trail Mix/Milk
7/24/18	Tues.	Pancakes/Bananas	Roast Beef and Cheese/Whole Wheat Crackers/Tomatoes/Oranges	Crackers/String Cheese
7/25/18	Wed.	Bagels/Apples	Scrambled Eggs Muffins/Pancakes/Celery/Watermelon	Cheese Its/Apples
7/26/18	Thurs.	Biscuits/Grapes	Peanut Butter and Jelly Sandwhich/Carrots/Yogurt/Grapes	Rice Cakes/Juice
7/27/18	Fri.	Yogurt/Strawberries	Nachos/Salad/Pineapple	Granola Bars/Milk